



San Diego Unified School District
Kearny High Educational Complex
7651 Wellington Way, San Diego, CA, 92111

(858) 496-8370 x2131

**COURSE SYLLABUS FOR
ARMY JUNIOR RESERVE OFFICERS TRAINING CORPS (AJROTC)
Semester 1 – LET 1
SY 20/21**

1. INTRODUCTION: Welcome to the Komet Battalion!

Kearny AJROTC's goal is to prepare cadets for their future—to be college & career ready.

Kearny AJROTC develops each cadet's leadership potential and character through classroom instruction, physical fitness, and integrated curricular activities. Topics covered include: attaining the awareness of the rights, responsibilities, and privileges of citizenship, developing cadets' sense of personal responsibility, promoting wellness and physical fitness, building life skills, and leadership opportunities. Visit the Komet Battalion website at www.kearnyajrotc.com.

2. LET-1 – CURRICULUM:

a. Purpose, Classroom Course Content, and Learning Outcomes

Unit 1 – Citizenship in Action

Purpose:

- Engage cadets in the practice of basic citizenship customs, traditions, and in the exploration of opportunities for non-military and military national service
- Orient cadets to the purpose of the Army JROTC program and their roles as cadets

Chapter 1: Foundations for Army JROTC a

- Identify how Army JROTC can impact
- Analyze the purpose of the Army JROT
- Demonstrate proper cadet appearance
- Illustrate the rank and structure of Army
- Determine which signs of success you p
- Demonstrate protocol to show respect fo
- Demonstrate courtesies during the playi
- Explore the purpose of military traditior

Unit 2 – Leadership Theory and Application

Purpose:

- Apply leadership skills to drill moveme from novice to expert

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- Develop cadet leadership potential through the application of principles, strategies, and values
- Prepare cadets to work effectively as both team members and leaders, as well as to act as mentors to other cadets

Chapter 1: Being a Leader

- Identify leadership strengths and opportunities for improvement
- Compare leadership styles
- Develop a personal code of ethics, comparing the values it represents with Army Values
- Draft a plan for using the 11 Principles of Leadership to improve your leadership abilities

Chapter 2: Leadership Skills

- Explain the importance of drill in military discipline
- Demonstrate correct stationary movements on command
- Demonstrate correct marching technique on command

Unit 3 – Foundations for Success

Purpose:

- Build essential skills cadets need to maximize learning potential and future success
- Lay the groundwork for service learning
- Recognize the value of their varied learning styles and multiple intelligences
- Apply learning strategies to improve critical thinking study, and communication skills
- Develop and expand abilities to resolve conflict and prevent violence

Chapter 1: Know Yourself—Socrates

- Determine behavioral preferences
- Apply an appreciation of diversity to interpersonal situations
- Develop a plan for personal growth

Chapter 8: Making a Difference with Service Learning

- Identify components of service learning
- Prepare for a service learning project
- Evaluate the effectiveness of a service learning project

- b. All assignments can be found on the Kearny Projects” tab and/or the “Class Calendar” tab. Exams are submitted electronically using Canvas. Students are responsible for completing work on time. Leadership Lab (Room 805) before school to complete assignments. Additionally, Canvas is available on Apple devices.

***** Assignments and late work policy for distance learning *****

Teachers will accept late work for full academic credit.

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- All late work during the Progress Period must be submitted by students one week before the end of the Progress Period.
- All late work for the Quarter must be submitted by students two weeks before the end of the Quarter.
- Work from the Progress Report Period will not be accepted beyond the Progress Report Period. That is, work from Weeks 1-4 will not be accepted during Weeks 5-9.
- Project work with industry and community clients is not homework and will not be accepted late.
- Teachers can accept late homework assignments beyond these deadlines at their discretion. Providing opportunities for retakes and revisions.
- Teachers will provide at least one opportunity for a retake or a revision on select projects and assessments. Teachers can provide more opportunities at their discretion.
- Teachers will not offer revisions/retakes of final progress and quarter projects and exams.
- Teachers determine the selected projects and assessments and the parameters of the retakes or revisions.

- c. **Physical Education Standards:** The ultimate purpose of the Kearny AJROTC physical education program is to help all cadets gain the skills and knowledge to be physically active for a lifetime. Kearny AJROTC is designed to provide a safe and inclusive learning environment, which requires cadets to regularly participate in a physical fitness program and meet both California PE Content and FitnessGram standards started below:

California High School Content Standards

Overarching Standard 1: *Students demonstrate knowledge of and competency in motor skills, movement patterns, and strategies needed to perform a variety of physical activities.*

Overarching Standard 2: *Students achieve performance while demonstrating know strategies.*

Overarching Standard 3: *Students demonstrate sociological concepts, principles and performance of physical activity.*

- d. **Physical Fitness Testing (FitnessGram):** 7 tests is to assist students in establishing lifel FitnessGram is conducted annually in Nove will be pretested to establish baseline fitness tests six main fitness areas that represent five muscular strength, muscular endurance, flexibility not achieve five out of six “Healthy Fitness

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or JROTC courses until an overall passing score is obtained. Since FitnessGram is a state-mandated test, cadets' scores will **not** be computed as part of their academic grade. The six FitnessGram required test areas are:

1. Aerobic Capacity (PACER, One Mile Run, or Walk Test)
2. Abdominal Strength and Endurance (Curl-Ups)
3. Trunk Extensor Strength and Flexibility (Trunk Lift)
4. Upper Body Strength (Push-Ups, Modified Pull-Ups, Flexed Arm Hang)
5. Flexibility (Back-Saver Sit and Reach, Shoulder Stretch)
6. Body Composition (Body Mass Index [height and weight])

PE grade will include cadets' preparation (i.e., coming to class ready to learn), attendance, participation in class, cooperation, leadership, etc. Since cadets earn both a PE and elective credit for this class, there will also be an emphasis on dressing for physical education in appropriate Physical Education attire and actively participating in the physical fitness exercises. The academic grade (learning-focused) is based on the degree to which each cadet meets or exceeds the three overarching *California Model Content Standards* and corresponding performance standards.

- e. **Medical Excuse:** A written note from a parent or guardian is required to excuse or modify a cadet's participation in class due to a current medical condition. A note from a physician is required for any cadet that is not able to participate for three days or more. Any time that a cadet is unable to participate in class activities (due to medical reasons or excused absences), they are required to suit up to receive credit.

3. UNIFORMS: Cadets are issued an AJROTC uniform consisting of a shirt, trousers, footwear, headgear, socks, belt, and awards and decorations earned by cadets at no cost on a loan basis. Cadets are responsible for the condition of these items and for the proper return of all items at the end of the year or when they leave the AJROTC program. Students are responsible to pay for damaged or lost items. A white t-shirt provided by the student/parent is required to wear under the issued uniform shirt. Cadets are required to wear the cadet uniform one day each week (normally on Tuesdays, with make-ups for an excused absence on Thursdays). Wear of the uniform in accordance with Department of the Army grooming standards is mandatory. Participation in all activities require wearing of the uniform. **On uniform days, cadets must wear the uniform for the entire school day; to include to and from the instructors.** Cadets are responsible for the condition of the uniform. On physical fitness days (normally Mondays), cadets must suit up for physical training (PT) in their student uniform and wear tennis/athletic shoes. **Cadets will be required to wear the uniform to be issued a uniform. Uniform wear will be required on uniform days due to failure to meet the criteria for uniform and "suing up" for and participating in class.**

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4. GRADES: We encourage parents to obtain a PowerSchool account from their child's small school counseling office in order to track their progress, as well as visit the program website at www.kearnyajrotc.com. The instructors' goal is to record grades in PowerSchool daily so both cadets and parents/guardians of cadets can access up-to-date information on assignment grades.

- a. **Academic:** Academic grades are determined by a combination of practical/hands-on performance, written examinations, wear of the uniform, suiting up for physical training, and participation. LET-1 cadets are first-year students.

Item	Percentage
Uniform Wear, Inspection, and Drill & Ceremony	41%
Physical Education and Participation	25%
Exams & Quizzes	19%
Cadet Portfolio	5%
Service Learning Reflection	5%
Memorization & Recitation of the Cadet Creed	5%

A	B	C	D	E
90-100%	80-89%	70-79%	60-69%	59% and Below

- b. **Citizenship:** Citizenship grades are determined by attendance, behavior, and participation. Note: Final citizenship grade is the lowest score.

Non-Suits					
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
Second		X			
Third			X		
Fourth				X	
Fifth					

Tardies			
	Excellent	Good	Satisfactory
First		X	
Second			
Third			
Fourth			

Unexcused Absences			
	Excellent	Good	Satisfactory
First		X	

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Second			X		
Third				X	
Fourth or More					X

Z = Truancy					
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
First		X			
Second			X		
Third or More				X	

Behavior/Participation Rubric				
Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
- Never disruptive - Always prepared	- Almost never disruptive - Almost always prepared	- Rarely displays disruptive behavior - Usually prepared for class	- Occasionally displays disruptive behavior - Rarely prepared for class	- Almost always displays disruptive behavior - Almost never prepared for class

Behavior/Participation Rubric					
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
First		X			
Second			X		
Third				X	
Fourth					X

5. INTEGRATED CURRICULAR ACTIVITIES: Kearny AJROTC provides cadets with opportunities to participate in numerous before/after school and weekend activities. These include but are not limited to: community support volunteer events and Academics, Armed Drill, Archery, Aviation, Color Guard, Drum Corps, F Unarmed Drill Teams. All cadets are encourage from 0740-0830 each morning and our after-scl Academically, cadets must maintain an overall participate in integrated curricular activities.

6. SCHEDULE: The normal weekly schedule

Monday	Tuesday	Wedn
PT/Exercise	Cadet Uniform	PT/Ex

7. LESSON PLANS: A weekly training schedu (Operations Officer) will be posted in the AJRC www.kearnyajrotc.com for cadet use. Cadets ar checking the website and making up any work

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8. CADET LEADERSHIP POSITIONS/PROMOTIONS: Cadets must maintain a minimum GPA of 2.0 for the current academic quarter in order to be considered for promotion and/or to be selected for/stay in any leadership position.

9. STANDARD OPERATING PROCEDURES (SOP): The Komet Battalion AJROTC SOP will be reviewed with all cadets at the beginning of and throughout each school year and are available on the Kearny AJROTC website.

10. INSTRUCTORS: Please contact the instructors with any questions or concerns you may have. Email is the best form of initial contact. If necessary, telephone or in person meetings may be arranged.

Senior Army Instructor	Colonel (R) Gregory Johnson	gjohnson2@sandi.net
Army Instructor	First Sergeant (R) Marlon Rice	mrice1@sandi.net
Army Instructor	Sergeant First Class (R) Edgar Negrete	enegretesilva@sandi.net

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