



San Diego Unified School District  
Kearny High Educational Complex  
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**COURSE SYLLABUS FOR  
ARMY JUNIOR RESERVE OFFICERS TRAINING CORPS (AJROTC)  
Semester 1 – LET 4  
SY 20/21**

**1. INTRODUCTION:** Welcome to the Komet Battalion!

*Kearny AJROTC's goal is to prepare cadets for their future—to be college & career ready.*

Kearny AJROTC develops each cadet's leadership potential and character through classroom instruction, physical fitness, and integrated curricular activities. Topics covered include: attaining the awareness of the rights, responsibilities, and privileges of citizenship, developing cadets' sense of personal responsibility, promoting wellness and physical fitness, building life skills, and leadership opportunities. Visit the Komet Battalion website at [www.kearnyajrotc.com](http://www.kearnyajrotc.com).

**2. LET-4 – CURRICULUM:**

a. Purpose, Classroom Course Content, and Learning Outcomes

**Unit 1 – Citizenship in Action**

**Purpose:**

- Provide opportunities to become familiar with the Department of Defense
- Examine how all branches of the U.S. Armed Forces work together to serve the nation by defending democracy and maintaining peace
- Provide opportunities to learn about major, non-military service organizations

**Chapter 2: Service to the Nation**

- Explore the purpose of the United States Department of Defense
- Relate the role of the Active Army to the United States Army
- Distinguish among the reserve components of the United States Army
- Explore the purpose and structure of the United States Navy
- Explore the purpose and structure of the United States Air Force

**Unit 2 – Leadership Theory and Application**

**Purpose:**

- Develop leadership potential through the application of principles, values, and strategies
- Prepare to work effectively as both team members and leaders, and to act as mentors to other cadets

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- Emphasize the role of the leader in promoting equal opportunity, addressing prejudice, and preventing sexual harassment and assault
- Compare how those with varied leadership styles approach planning, decision-making, problem-solving, negotiation, and supervision
- Apply leadership skills to drill movements, techniques, and commands as they move from novice to expert

### **Chapter 6: Leadership Principles**

- Outline a personal plan to build strong relationships with team members
- Assess personal leadership style
- Assess personal management skills
- Adapt communication to give direction and provide feedback to others
- Employ motivation strategies that inspire others to achieve goals

### **Unit 3 – Foundations for Success**

#### **Purpose:**

- Build essential skills cadets need to maximize learning potential and future success
- Lay the groundwork for service learning
- Recognize the value of their varied learning styles and multiple intelligences
- Apply learning strategies to improve critical thinking, study, and communication skills
- Develop and expand abilities to resolve conflict and prevent violence
- Prepare for life after high school by focusing on career planning
- Engage cadets in personal financial planning while working through the “High School Financial Planning” curriculum

### **Chapter 8: Making a Difference with Service Learning**

- Identify components of service learning
- Prepare for a service learning project
- Evaluate the effectiveness of a service learning project

### **Chapter 11: NEFE High School Financial Planning**

- Appraise personal credit worthiness
- Relate insurance to current and future personal needs

### **Chapter 12: Teaching Skills**

- Prepare to teach
- Develop a lesson plan
- Use effective teaching methods to deliver instruction
- Incorporate a variety of strategies into a lesson plan
- Use Thinking Maps® and Graphic Organizers as tools for teaching others
- Use feedback to enhance learning in the classroom

- b. All assignments can be found on the Kearny AJROTC website under the “Homework and Projects” tab and/or the “Class Calendar” tab. All homework, written assignments, and exams are submitted electronically using Canvas ([sandiegounified.instructure.com](https://sandiegounified.instructure.com)). Cadets

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are responsible for completing work on time. Cadets can utilize computers in the Senior Leadership Lab (Room 805) before school and after school, as well as during lunch, to complete assignments. Additionally, Canvas is available as an app for both Android and Apple devices.

### **\*\*\*Assignments and late work policy for distance learning:**

Teachers will accept late work for full academic credit (depending on the quality of the work) as follows:

- All late work during the Progress Period must be submitted by students one week before the end of the Progress Period.
- All late work for the Quarter must be submitted by students two weeks before the end of the Quarter.
- Work from the Progress Report Period will not be accepted beyond the Progress Report Period. That is, work from Weeks 1-4 will not be accepted during Weeks 5-9.
- Project work with industry and community clients is not homework and will not be accepted late.
- Teachers can accept late homework assignments beyond these deadlines at their discretion. Providing opportunities for retakes and revisions.
- Teachers will provide at least one opportunity for a retake or a revision on select projects and assessments. Teachers can provide more opportunities at their discretion.
- Teachers will not offer revisions/retakes of final progress and quarter projects and exams.
- Teachers determine the selected projects and assessments and the parameters of the retakes or revisions.

- c. **Physical Education Standards:** The ultimate purpose of the Kearny AJROTC physical education program is to help all cadets gain the skills and knowledge to be physically active for a lifetime. Kearny AJROTC is designed to provide a safe and inclusive learning environment, which requires cadets to regularly participate in a physical fitness program and meet both California PE Content and FitnessGram standards started below:

#### **California High School Content Standards**

Overarching Standard 1: *Students demonstrate knowledge of and competency in motor skills, movement patterns, and strategies needed to perform a variety of physical activities.*

Overarching Standard 2: *Students achieve a level of physical fitness for health and performance while demonstrating knowledge of fitness concepts, principles, and strategies.*

Overarching Standard 3: *Students demonstrate knowledge of psychological and sociological concepts, principles and strategies that apply to the learning and performance of physical activity.*

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**d. Physical Fitness Testing (FitnessGram):** The primary goal of the FitnessGram battery of tests is to assist students in establishing lifelong habits of regular physical activity. The FitnessGram is conducted annually in November (upperclassmen only) and March. Students will be pretested to establish baseline fitness levels and set personal goals. The FitnessGram tests six main fitness areas that represent five components of fitness: aerobic capacity, muscular strength, muscular endurance, flexibility, and body composition. Students who do not achieve five out of six “Healthy Fitness Zones” must continue taking physical education or JROTC courses until an overall passing score is obtained. Since FitnessGram is a state-mandated test, cadets’ scores will **not** be computed as part of their academic grade. The six FitnessGram required test areas are:

1. Aerobic Capacity (PACER, One Mile Run, or Walk Test)
2. Abdominal Strength and Endurance (Curl-Ups)
3. Trunk Extensor Strength and Flexibility (Trunk Lift)
4. Upper Body Strength (Push-Ups, Modified Pull-Ups, Flexed Arm Hang)
5. Flexibility (Back-Saver Sit and Reach, Shoulder Stretch)
6. Body Composition (Body Mass Index [height and weight])

PE grade will include cadets’ preparation (i.e., coming to class ready to learn), attendance, participation in class, cooperation, leadership, etc. Since cadets earn both a PE and elective credit for this class, there will also be an emphasis on dressing for physical education in appropriate Physical Education attire and actively participating in the physical fitness exercises. The academic grade (learning-focused) as based on the degree to which each cadet meets or exceeds the three overarching *California Model Content Standards* and corresponding performance standards.

**e. Medical Excuse:** A written note from a parent or guardian is required to excuse or modify a cadet’s participation in class due to a current medical condition. A note from a physician is required for any cadet that is not able to participate for three days or more. Any time that a cadet is unable to participate in class activities (due to medical reasons or excused absences), they are required to suit up to receive credit.

**3. UNIFORMS:** Cadets are issued an AJROTC uniform consisting of a shirt, trousers, footwear, headgear, socks, belt, and awards and decorations earned by cadets at no cost on a loan basis. Cadets are responsible for the condition of these items and for the proper return of all items at the end of the year or when they leave the AJROTC program. Students are responsible to pay for damaged or lost items. A white t-shirt provided by the student/parent is required to wear under the issued uniform shirt. Cadets are required to wear the cadet uniform one day each week (normally on Tuesdays, with make-ups for an excused absence on Thursdays). Wear of the uniform in accordance with Department of the Army standards (to include hair length and grooming standards) is mandatory. Participation in after-school or off-campus activity may require wearing of the uniform. **On uniform days, cadets will wear the uniform throughout the entire school day; to include to and from school, unless specifically excused by one of the instructors.** Cadets are responsible for the proper wear and maintenance of their issued uniform. On physical fitness days (normally Mondays, Wednesdays, and Fridays), cadets must suit up for physical training (PT) in their student supplied PT shirt, shorts, or sweatpants and tennis/athletic shoes. **Cadets will be required to memorize and recite the Cadet Creed prior**

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**to being issued a uniform. Uniform wear will begin in October 2018. Not wearing the uniform due to failure to meet the criteria for its issue will result in zeroes on each uniform day thereafter. This will impact cadets' grades significantly, as proper wear of the cadet uniform and "suiting up" for and participating in PT is a major portion of the grade in this class.**

**4. GRADES:** We encourage parents to obtain a PowerSchool account from their child's small school counseling office in order to track their progress, as well as visit the program website at [www.kearnyajrotc.com](http://www.kearnyajrotc.com). The instructors' goal is to record grades in PowerSchool daily so both cadets and parents/guardians of cadets can access up-to-date information on assignment grades.

- a. **Academic:** Academic grades are determined by a combination of practical/hands-on performance, written examinations, wear of the uniform, suiting up for physical training, and participation. LET-1 cadets are first-year students.

Item	Percentage
Uniform Wear, Inspection, and Drill & Ceremony	41%
Physical Education and Participation	25%
Exams & Quizzes	19%
Cadet Portfolio	5%
Service Learning Reflection	5%
Memorization & Recitation of the Cadet Creed	5%

A	B	C	D	E
90-100%	80-89%	70-79%	60-69%	59% and Below

- b. **Citizenship:** Citizenship grades are determined by attendance, behavior, and participation. Note: Final citizenship grade is the lowest score.

Non-Suits					
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
Second		X			
Third			X		
Fourth				X	
Fifth					X

Tardies					
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
First		X			
Second			X		
Third				X	
Fourth					X

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<b>Unexcused Absences</b>					
U = Unexcused		W = >30 Minutes Tardy		A = Unverified Absence	
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
First		X			
Second			X		
Third				X	
Fourth or More					X

<b>Z = Truancy</b>					
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
First		X			
Second			X		
Third or More				X	

<b>Behavior/Participation Rubric</b>				
Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
- Never disruptive - Always prepared	- Almost never disruptive - Almost always prepared	- Rarely displays disruptive behavior - Usually prepared for class	- Occasionally displays disruptive behavior - Rarely prepared for class	- Almost always displays disruptive behavior - Almost never prepared for class

<b>Behavior/Participation Rubric</b>					
	Excellent	Good	Satisfactory	Needs Improvement	Unsatisfactory
First		X			
Second			X		
Third				X	
Fourth					X

**5. INTEGRATED CURRICULAR ACTIVITIES:** Kearny AJROTC provides cadets with opportunities to participate in numerous before/after school and weekend activities. These include but are not limited to: community support volunteer events and Academics, Armed Drill, Archery, Aviation, Color Guard, Drum Corps, Honor Guard, Raiders (Physical Fitness), and Unarmed Drill Teams. All cadets are encouraged to participate in our activities before school from 0740-0830 each morning and our after-school team practice and events from 1530-1630. Academically, cadets must maintain an overall 2.0 GPA for the current quarter in order to participate in integrated curricular activities.

**6. SCHEDULE:** The normal weekly schedule for AJROTC is:

Monday	Tuesday	Wednesday	Thursday	Friday
PT/Exercise	Cadet Uniform	PT/Exercise	Classroom	PT/Exercise

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**7. LESSON PLANS:** A weekly training schedule produced by the Cadet Battalion S-3 (Operations Officer) will be posted in the AJROTC classrooms and on the website at [www.kearnyajrotc.com](http://www.kearnyajrotc.com) for cadet use. Cadets are responsible for being prepared for class, checking the website and making up any work missed due to absence from a scheduled class.

**8. CADET LEADERSHIP POSITIONS/PROMOTIONS:** Cadets must maintain a minimum GPA of 2.0 for the current academic quarter in order to be considered for promotion and/or to be selected for/stay in any leadership position.

**9. STANDARD OPERATING PROCEDURES (SOP):** The Komet Battalion AJROTC SOP will be reviewed with all cadets at the beginning of and throughout each school year and are available on the Kearny AJROTC website.

**10. INSTRUCTORS:** Please contact the instructors with any questions or concerns you may have. Email is the best form of initial contact. If necessary, telephone or in person meetings may be arranged.

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